
Spirituality in Medicine and Psychology

Experiential workshop

Johannes Beckmann Borja

“We are spiritual beings having an earthly experience.”

Teilhard de Chardin

To work with Spirituality means to work with the essence of the human being, with human behavior, virtues, intuition, and the knowledge of the Orders of Life.

These Orders of Life or universal laws that rule human existence are not far away from those that rule matter, biology and psychology. They are all the same, but in a different layer of existence.

Human medicine and psychology need to include the spiritual aspect of life to be practiced in a sustainable and responsible way.

Spirituality brings light, consciousness and movement into the psychological and physical disorders that we usually call disease. It teaches us how to transform a dramatic conflict into a constructive process that promotes our personal evolution. It leads us to find our authenticity, strength and truth as individuals immersed in our family systems and society.

Spirituality completes Psychosomatic and Systemic Medicine, turning it into a holistic human health science. In this way the Orders of Love and the movements of the soul and the spirit described by Bert Hellinger represent one of the doors that leads us to the higher encounter with transcendence and light.

This training program is directed to any person who searches to widen and deepen the perspective about what it means to be human. It is especially oriented to those who work in healthcare, education, or any humanistic area.

“The highest degree of medicine is Love.”

Paracelsus

KEYNOTE SPEAKER:

Johannes Beckmann Borja

Physician, Master in Psychotherapy and Clinical Psychology and an expert in Psychosomatic Medicine and Family Constellations. Of Ecuadorian and German descent, he has lived for twenty-five years in Palma de Mallorca, Spain. Together with his wife Maria, he is the co-founder of Instituto Antares, an organization for Personal and Systemic Development.

DURATION: Three-day workshop.

PROGRAMME:

- The Orders of Life
- Spiritual development
- Origin and destiny
- The evolution of mankind
- Phases of human evolution

- The 3 main laws of Creation:
 - o Attraction
 - o Gravity
 - o Action-Reaction

- Movement as motor of evolution:
 - o Chaos and Order
 - o Competition and Cooperation

- Body, mind, emotion and spirit
- Instinct, intelligence and intuition
- Human behavior and virtues
- Light, source of life

- Health and illness from a spiritual point of view
- The spiritual message of the symptom
- The three Psychogenetic Orders
- Spiritual self-regulation

- What happened with mankind? Our actual crisis.
- Evolution or involution?
- Brain, intellect and technology
- The human "achilles tendon"

- Connecting with Light
- The miracle of Light